

The 4th Annual TRPI Education Conference

**Practical Tools to Increase Latino College
Access and Success**

**A Case Study Portrait
Effective Counseling For Latino
High School Students**

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Overview

- **The State of High School Counseling.**
- **Central Research Question.**
- **Description of School Site and Research Actors.**
- **The impact of Holistic Counseling on Latino students.**
- **Counseling Latino for collegiate success**
- **Lessons from counseling.**

The State of High School Counseling

2006	Student:Counselor Ratio
Recommended	100:1
Metropolitan Areas	740:1
California	966:1

• **Even with a ratio of 300:1 in most urban high schools:**

– **Counselors spend only 22% of their time on post-secondary counseling**

National Association for Admissions and Counseling (2006)

Central Research Question

How do these high school counselors academically prepare and counsel their Latino students in the college choice process in order for students to be eligible for post-secondary education?

School Setting

- **Urban Inner City K-12 School.**
 - **High school population: 650**
- **Majority Latino student population: 75%**
- **Majority low-income student population:**
 - *86% free or reduced lunch.*
 - *Majority of Latino students will be first-generation college students.*
- **A-G is standard curriculum.**
- **High College Going Rate: 84%**



Research Actors

- Two high school counselors
 - **Asian American and African American Males**
- Latino High school students
 - **4-6 students from each grade level were interviewed**
- Parents of participating students
- College Liaison
- Teachers
 - **3 teachers (History, Math and English)**
- School Administration
 - **Principal**
 - **Assistant Principal of Secondary Counseling Services**

What is Holistic Counseling?

The art of assisting and advising students in the development of their:

Emotional

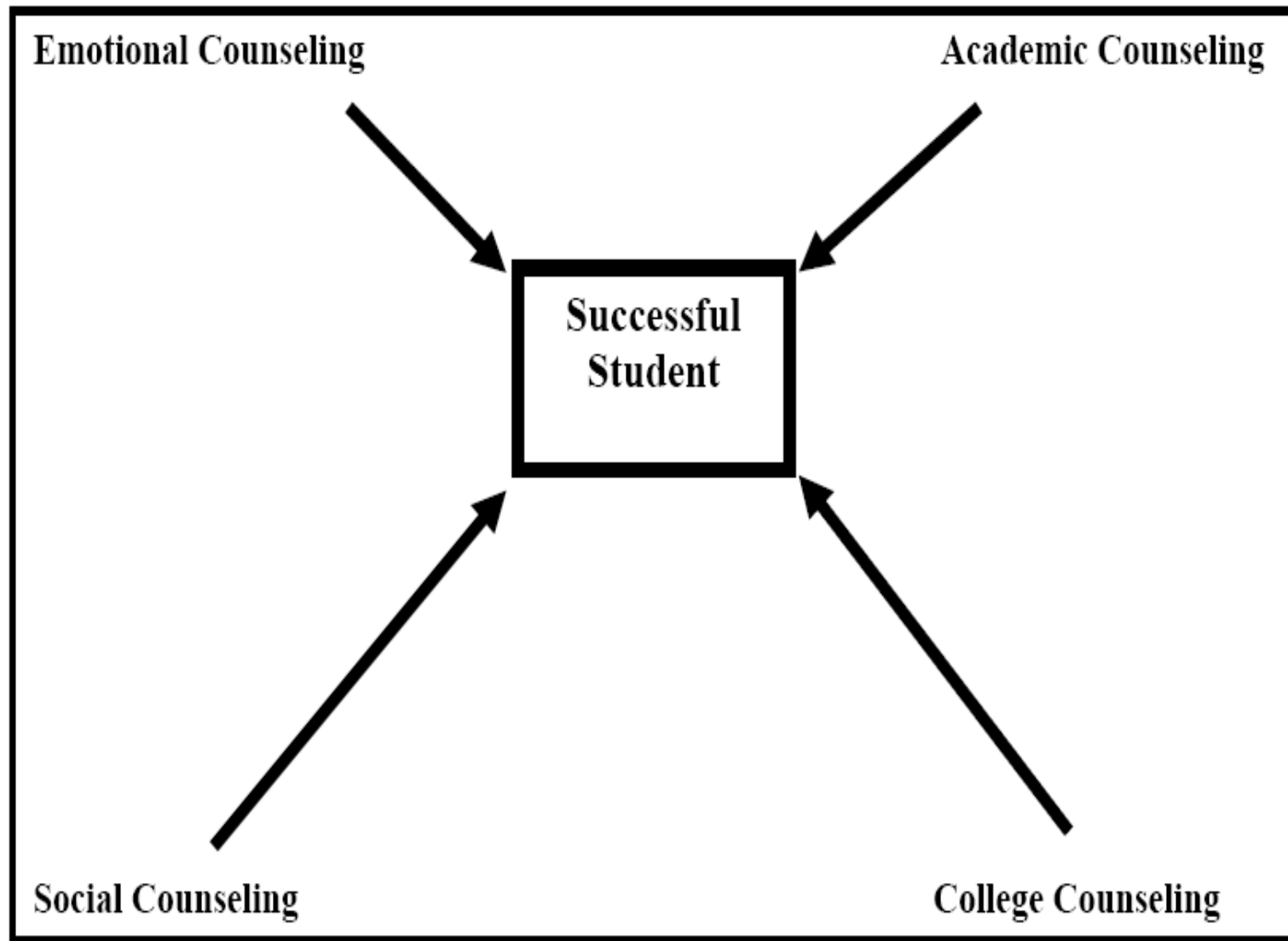
Social

Academic

College-going

potential in order for the student to evaluate their actions to become **independent** and **responsible** for their current and future aspirations.

Holistic Counseling Model



Counseling Latino Students For Collegiate Success

- **EARLY EXPOSURE and CONSTANT DIALOGUE** about college.
- **AWARENESS and RESPECT** of parental expectations
 - **Expectation of student after high school graduation.**
 - **Expectation of Latino males.**
- **UNDERSTANDING** limitations for students who desire to dorm locally or go out of state for college.
- **FINANCIAL AID INFORMATION** readily available when it is time to apply to college, especially for AB540 students.

Lessons from Counseling

- **A small counselor to Student ratio is a must!**
- **The same counselor for entire high school career is key to continual student development.**
- **Visibility of counselor on school campus.**
- **Counseling that is Equitable.**
- **The Power of a Name!**
- **Creating an aura of comfort for students to visit the counseling office “WHENEVER!”**

The End

THANK YOU FOR YOUR TIME & ATTENTION

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